

# AEC Breakfast – JANUARY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
WG Cinni Mini Apple Slices LF White Milk	WG Banana Muffins Applesauce LF White Milk	WG Biscuits & Gravy Mixed Fruit LF White Milk	WG Cheerios Banana LF White Milk	Chicken Waffle Sandwich Fruit Milk
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
WG Pancakes Cinnamon Applesauce LF White Milk	WG Waffles Apple Slices LF White Milk	WG Biscuits & Gravy Mixed Fruit LF White Milk	WG Blueberry Muffin Banana LF White Milk	Glazed Donuts Fruit Milk
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
WG Breakfast Pizza <div style="border: 2px solid black; padding: 5px; text-align: center; width: fit-content; margin: 0 auto;"><b>NO SCHOOL</b></div>	WG Cinnamon Muffins Applesauce LF White Milk	WG Biscuits & Gravy Mixed Fruit LF White Milk	WG Strawberry Pancakes Banana LF White Milk	Ham & Cheese Breakfast Sandwich Fruit Milk
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
WG Cinnamon Toast Crunch Apple Slices LF White Milk	Bacon, Egg & WG Toast Apple Slices LF White Milk	WG Biscuits & Gravy Mixed Fruit LF White Milk	WG French Toast Sticks Banana LF White Milk	Chicken Waffle Sandwich Fruit Milk
<b>31</b>				
WG Cinni Mini Apple Slices LF White Milk		<b>BREAKFAST AND LUNCH ARE FREE TO ALL STUDENTS.</b>	*Menus are subject to change without notice	This institution is an equal opportunity provider.

# AEC Lunch – JANUARY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
WG Soft Pretzels Cheese cup Broccoli Pineapples LF White Milk	Taco Meat WG Scoops Beans & Salsa Apple Slices LF White Milk	WG Mini Corndogs Mac n cheese Baked beans Applesauce LF White Milk	WG Fiesta Salad Corn Peach Cup LF White Milk	Cheeseburgers WG Bun French Fries / Carrots Applesauce LF White Milk
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
Chicken Alfredo WG Garlic Breadstick Broccoli Tropical Fruit Cup Milk	Taco Meat WG Scoops Beans & Salsa Apple Slices LF White Milk	WG Chicken Tenders Mashed Potatoes w/ Gravy Green Beans / Fruit WG Roll LF White Milk	WG Cheese Pizza Salad Corn Peach Cup LF White Milk	Cheeseburgers WG Bun French Fries / Carrots Applesauce LF White Milk
<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: auto;"> <p style="text-align: center;">NO SCHOOL</p> </div>	<p style="text-align: center;"><small>Refined</small></p> Cheeseburgers WG Bun French Fries / Carrots Applesauce LF White Milk	Country Fried Steak Mashed Potatoes w/ Gravy Green Beans / Fruit WG Roll LF White Milk	WG Pepperoni Pizza Salad Corn Peach Cup LF White Milk	WG Soft Pretzels Cheese cup Broccoli Pineapples LF White Milk
<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Chicken Patty w/ WG Bun Sweet Potato Fried Tropical Fruit Cup LF White Milk	Taco Meat WG Scoops Beans & Salsa Apple Slices LF White Milk	WG Chicken Nuggets Mashed Potatoes w/ Gravy Green Beans / Fruit WG Roll LF White Milk	WG Cheese Quesadilla Salad Corn Peach Cup LF White Milk	Cheeseburgers WG Bun French Fries / Carrots Applesauce LF White Milk
<b>31</b>				
WG Soft Pretzels Cheese cup Broccoli Pineapples LF White Milk		<b>BREAKFAST AND LUNCH ARE FREE TO ALL STUDENTS.</b>	*Menus are subject to change without notice	This institution is an equal opportunity provider.